

10 practical adjustments that support autistic students

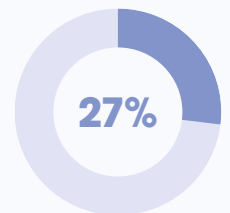
Infosheet 6 for educators

Supporting autistic students outside the classroom

Autistic students often experience difficulties outside the classroom and strategies should be in place to support the student in all transitions, new situations and environments.

This could include having a buddy system to support that student with transitions, establishing lunchtime activity clubs or yard duty teachers observing autistic students in the playground.

- Buddy system or escort by class teacher or aide for transitions to other places.
- A pre-arranged buddy to meet with at breaks.
- A photo book/visual map that shows safe places to go if the student is feeling unsafe, such as the office, library, counsellor or nurse's room.
- Social stories that show transitions and explain the details of excursions and camps.
- Establish a designated safe place for students to go when needed and a quiet place they can retreat to inside.
- Establish opportunities for lunchtime activity clubs around special interests.
- Yard duty teachers to be aware/observe autistic students in the playground and provide support when needed.



27%
of autistic students
surveyed have had this
adjustment implemented
at their school*

Contact Amaze for professional development training and forums for teachers and school staff [here](#)
or contact us on 03 9657 1600

*Source: 'Community Attitudes & Behaviours towards Autism; and Experience of Autistic People and their Families':
Research report prepared by Centre for Health and Social Research, Australian Catholic University, Social Research Centre for AMAZE 12 December 2017